In 2008, the Canadian Centre for Policy Alternatives, First Call: BC Child and Youth Advocacy Coalition and Victoria’s Community Social Planning Council published the inaugural report Working for a Living Wage. That report calculated that the living wage for families was $16.74/hour in Metro Vancouver, and $16.39/hour in Metro Victoria. That full report, detailing the principles, rationale, methodology, data sources, and business case for the living wage calculation can be found at policyalternatives.ca/livingwage2014. Since then, however, daily living costs for families have continued to rise and changes have occurred to government taxes and transfers. And so this short report updates our calculation, providing the 2014 living wage for Metro Vancouver—now $20.10/hour.

For more on the Metro Vancouver Living Wage for Families campaign, including information on how to become a living wage employer, visit livingwageforfamilies.ca.

FAMILIES WHO WORK FOR LOW WAGES face impossible choices — buy clothing or heat the house, feed the children or pay the rent. The result can be spiralling debt, constant anxiety and long-term health problems. In many cases it means that the adults in the family are working long hours, often at two or three jobs, just to pay for basic necessities. They have little time to spend with their family, much less to help their children with school work or to participate in community activities.

The frustration of working harder only to fall further behind is one to which many Canadians can relate. Recent CCPA research shows that most families are taking home a smaller share of the economic pie despite working longer hours, getting more education and contributing to a growing economy.

In BC, the contradiction between years of economic growth and rising insecurity is especially stark. Median earnings for BC workers are lower than for their parents’ generation in the late 1970s, once inflation is taken into account. BC saw the largest decline in median earnings for full-time, full-year workers of the five Canadian provinces where earnings fell since the late 1970s. And that happened during a time when the provincial economy more than doubled in real terms and real GDP per capita rose by more than 30 per cent.

BC now has the highest child poverty rate in Canada, and has ranked worst in Canada for nine out of the last ten years (we were second-worst in 2010). The story of child poverty is very much a story of low wages. In 2011 (the last year for which we have data), one out of every three poor children (32 per cent) lived in families where at least one adult had a full-time, full-year job and a majority lived in families with some paid work (part-year or part-time).
The living wage is one of the most powerful tools available to address this troubling state of poverty amid plenty in BC. It allows us to get serious about reducing child poverty, and ensures that families who are working hard get what they deserve—a fair shake, and a life that's about more than a constant struggle to get by.

A living wage is not the same as the minimum wage, which is the legal minimum all employers must pay. The living wage sets a higher test—it reflects what earners in a family need to bring home, based on the actual costs of living in a specific community. The living wage is a call to private and public sector employers to pay wages to both direct and contract employees sufficient to provide the basics to families with children.

WHY A LIVING WAGE?

Living wages benefit families, communities and employers, now and into the future.

A growing body of evidence tells us that growing up in an engaged, supportive environment is a powerful lifelong determinant of a person's health and general well-being. Children from low-income families are less likely to do well at school, have lower literacy levels and are more likely as adults to suffer from job insecurity, under-employment and poor health.

According to the National Longitudinal Survey of Children and Youth, parents in households with low incomes are more than twice as likely as parents in either middle- or high-income families to be chronically stressed. Not having enough money to buy household essentials and feeling that unrealistic expectations were being placed on their time are two of the primary sources of stress identified in this research. These parents are more likely to suffer from poor health and to be higher users of health care services. Adolescents living with chronically stressed parents are more likely than other youth to have a tough time socially and in school.

A series of recent national studies about work-life conflict document the very high costs of role overload (having too much to do in a given amount of time) in personal and financial terms. Researchers Linda Duxbury and Chris Higgins estimate the direct and indirect costs to employers in absenteeism at $6 billion a year. They estimate a further $6 billion cost to the health care system.

Other research has shown that paying living wages has concrete benefits for employers, including: reduced absenteeism and staff turnover; increased skill, morale and productivity levels; reduced recruitment and training costs; and improved customer satisfaction. It is also good for a company's reputation. For example, KPMG in London found that turnover rates were cut in half after it implemented a living wage policy for all direct and contract staff in 2006. (See Fears Concerning the Living Wage Affecting Business Profitability Overstated on page 41 of the original 2008 report for a discussion of employer concerns about paying a living wage.)

WHAT'S IN A LIVING WAGE?

The living wage is calculated as the hourly rate at which a household can meet its basic needs, once government transfers have been added to the family's income (such as the Universal Child Care Benefit) and deductions have been subtracted (such as income taxes and Employment Insurance premiums).
A Bare Bones Budget

At $20.10 per hour for Metro Vancouver—or $36,582 annually for each parent working full-time—here’s what a family could afford:

**FOOD:** $775/month (based on estimates by the Dietitians of Canada for a nutritious diet).

**CLOTHING AND FOOTWEAR:** $195/month.

**SHELTER:** $1,490/month (includes conservative rent estimate for a three-bedroom apartment, utilities, telephone, and insurance on home contents).

**TRANSPORTATION:** $486/month (includes the amortized cost of owning and operating a used car as well as a two-zone bus pass for one of the parents, replaced by a discounted student transit pass, the U-Pass, for eight months of the year).

**CHILD CARE:** $1,242/month (for a four year old in full-time care, a seven year old in before and after school care, and six weeks of summer care). Notably, child care is the second most expensive item in the living wage family budget after shelter.

**MEDICAL SERVICES PLAN (MSP) PREMIUMS:** $138.50/month.

**NON-MSP HEALTH CARE:** $136/month (the cost of a basic extended health and dental plan with Pacific Blue Cross Insurance; does not include expenses only partially covered by the insurance plan).

**PARENTS’ EDUCATION:** $89/month (allows for two college courses per year).

**CONTINGENCY FUND:** $235/month (two weeks’ wages for each parent, which provides some cushion for unexpected events like the serious illness of a family member, transition time between jobs, etc.).

**OTHER HOUSEHOLD EXPENSES:** $731/month (covers personal care, furniture, household supplies, school supplies, some reading materials, minimal recreation and entertainment).

This living wage calculation does not cover:

- Credit card, loan, or other debt/interest payments;
- Savings for retirement;
- Owning a home;
- Savings for children’s future education;
- Anything beyond minimal recreation, entertainment, or holiday costs;
- Costs of caring for a disabled, seriously ill, or elderly family member; or
- Much of a cushion for emergencies or tough times.

The full details of the calculation methodology are spelled out on page 23 of the original full report from 2008, which is available at policyalternatives.ca/livingwage2014. The living wage is based on:

- A family of two parents with two children aged four and seven. (In BC, 76 per cent of families with children are headed by couples, and 57 per cent of them have two or more children. And while the poverty rate is particularly high for single parent households, 60 per cent of BC’s poor children live in two-parent families.)
• Both parents working full-time, at 35 hours per week. (Full-time employment for both parents is the norm for families with children in BC. According to data from the Labour Force Survey, in 2013 BC workers worked an average of 35.7 hours per week.)

• Estimated family expenses in 10 categories (see box on page 3).

• The cost of government deductions (provincial and federal taxes, Employment Insurance premiums and Canada Pension Plan contributions).

• The value of government transfers like the Canada Child Tax Benefit (more on this below).

• Employers providing minimal paid vacation and sick time.

This methodology now serves as the model for Living Wage calculations across the country, with 25 communities in Canada (including 11 communities in BC) calculating their local living wage based on this approach at the time of publication. See livingwagecanada.ca, an online portal supporting this national living wage movement through facilitated learning and information-sharing.

This methodology was developed in collaboration with academic and social policy experts and organizations that work with low-income families, and was informed by the feedback from focus groups of low-income working parents and employers in 2008. To ensure that the calculations reflect the realities of low income families in Metro Vancouver, we are undertaking a review of the methodology in the fall of 2014.

The living wage gets families out of severe financial stress by lifting them out of poverty and providing a basic level of economic security. But it is also a conservative, bare bones budget without the extras many of us take for granted.

The living wage calculation is based on the needs of two-parent families with young children, but would also support a family throughout the life cycle so that young adults are not discouraged from having children and older workers have some extra income as they age. In most communities, the living wage is enough for a single parent with one child to get by as well, and this was the case in Metro Vancouver until the 2012 living wage update. Importantly, however, the living wage since 2012 is no longer sufficient for a single parent with one child in Metro Vancouver. The problem is explained in more detail on page 6, but in essence, too many credits and benefits intended for low-income families have income thresholds that are much too low. (See page 25 of the original 2008 report for more on single parents.)

EXPLAINING THE INCREASES IN THE 2014 LIVING WAGE UPDATE

The 2014 living wage for Metro Vancouver is $20.10—up 48 cents from $19.62 last year. This is an increase of 2.4 per cent, well outpacing Vancouver’s inflation rate of 0.2 per cent measured by the consumer price index. So, what’s driving the increases?

In Metro Vancouver, child care and shelter costs saw significant increases over the previous year.

Shelter costs saw the biggest monthly jump—$50 per month—driven by rent increases. According to the CMHC, the median rent of three bedroom apartments in Metro Vancouver was $1,300/month in 2013, up 4 per cent from $1,250 in 2012.

Child care costs rose by $48 per month, or 4.1 per cent since last year’s calculation. Child care fees have seen a steep increase since the federal government cancelled the early learning and child care agreements with the provinces in 2006, more than cancelling out what families receive in the federal Universal Child Care Benefit (which has been frozen at $100/month). The BC government
provides child care subsidies for low-income parents, but rates have not increased since 2005 for children aged between 2.5 and 5 years, and since 2007 for school-aged children in before- and after-school care.

Other items in the family budget that saw increases higher than inflation were: clothing and footwear (2 per cent), MSP premiums (4 per cent), and non-MSP healthcare expenditures (2 per cent). MSP premiums rose in 2014 for the fifth consecutive year, and have added $30.50 to the family’s monthly expenses since the Metro Vancouver living wage was first calculated in 2008.

The only major family expense that declined in 2013 was transportation, down $9 per month due to a reduction in the cost of owning and operating a car as estimated by Statistics Canada’s Market Basket Measure. The costs of monthly transit passes in Vancouver remained unchanged in 2013, while prices for the student reduced-cost pass, the U-Pass, increased by $5/month as of May 1, 2013.

The U-Pass program, introduced in 2010 as a partnership between the province, Translink, BC Transit, local governments, post-secondary institutions and students, provides a reduced-cost system-wide transit pass to all students enrolled in a publically funded post-secondary institution in BC. The parent who is enrolled in two regular courses per year in a public post-secondary institution is eligible for the U-Pass, which reduces the family’s public transit costs from $124 to $35/month for the eight months while in school. Despite the recent cost increases, the U-Pass continues to significantly reduce the public transit cost of the living wage family. Without the U-Pass, the living wage in 2014 would have to be 24 cents per hour higher to meet the family’s living expenses.

This illustrates the important role public programs play in enhancing affordability. When accessible public services (such as affordable public transportation) carry more weight, the living wage is moderated, easing the role of employers in ensuring that families can meet their core budgetary needs.

The living wage takes into account federal and provincial taxes. The only notable tax change that affects the living wage family is the reduction of BC’s basic personal exemption for the 2013 tax year introduced with the switch back from HST to PST. This increased each parent’s provincial tax bill by $54.55.
PRIVATE SECTOR EMPLOYERS GET BEHIND THE LIVING WAGE

A growing number of leading corporate and non-profit employers have seen the benefits of paying living wages. Thirty-six organizations in Metro Vancouver, employing over 6,000 workers and covering thousands more contracted service workers, have been certified as Living Wage Employers. These include SAP—Vancouver (the world’s largest inter-enterprise software company), Vancity (Canada’s largest credit union), the Canadian Cancer Society–BC and Yukon Division, the United Way of the Lower Mainland, and Eclipse Awards (Small Business BC’s Best Green Business in 2014).

These employers have committed to paying all their direct staff and contracted service staff, including janitorial, security and cleaning staff, a living wage. The Living Wage for Families Campaign has recently partnered with the Community Social Planning Council in Victoria and Living Wage Fraser Valley to extend the Living Wage Employer Recognition Program to Greater Victoria and the Fraser Valley.

For more information go to livingwageforfamilies.ca/employers/what-is-a-living-wage-employer.

Up until the 2012 living wage update, single-parent families with one child in Metro Vancouver had a lower living wage than two-parent families because they qualified for a number of government transfers that supplemented their earned income, such as the child care subsidy, the provincial rental assistance program, the low income carbon tax credit, the GST rebate, the HST tax credit and partial MSP premium assistance. However, the amounts of government supports received by a single-parent family earning the $20.10 Metro Vancouver living wage are no longer sufficient to keep up with the family expenses and so the family’s total income is about $3,000 short. This is because many of the government transfers available to lower income families have remained frozen for a number of years while costs of living have climbed and are being clawed back quickly as the family income level increases.

The most generous transfer program, the BC child care subsidy, for example, has been capped at a maximum of $550 per month since 2005, while group child care fees in Vancouver have increased by 44 per cent over this period, from $604/month in 2005 to $870/month in 2013 (according to the Westcoast Child Care Resource Centre’s fee surveys). So while the subsidy covered almost the entire child care fee in 2005, it covers less than two-thirds of the costs of child care today, leaving a Vancouver single parent with a bill of $320/month out of pocket over and above the maximum subsidy amount, or $3,840 per year. Similarly, the rental assistance program has been providing a maximum subsidy of $653/month for single parents since it was introduced in 2006, while the median rent of a two bedroom apartment has risen by more than 19 per cent since.

And while clawback thresholds for family supports provided through the tax system (e.g. the Canada Child tax benefit or the GST credit) are annually adjusted for inflation, threshold for provincial subsidy programs like rental assistance and the child care subsidy have remained frozen for a number of years, making them less accessible to families in need. Partly because of frozen thresholds, the Vancouver single parent family earning the $20.10 living wage is no longer eligible for rental assistance or MSP premium assistance (so faces the full $1,506 MSP premium per year), and is starting to see its already inadequate child care subsidy amount clawed back. Single parents in Vancouver are now caught in this paradoxical situation of being considered too well-off for many government transfers while being unable to cover basic family expenses in Vancouver, which are growing faster than inflation every year.

This drives home the fact that public policy decisions greatly affect affordability and quality of life for lower-earning families. It is very important that all government transfers are reviewed regularly to ensure that the amounts provided are keeping up with the costs of the expenses they are meant to defray (such as child care fees or rent) and that they are not clawed back at income levels that leave many families struggling with a bare-bones budget. Our calculation indicates these thresholds are in urgent need of upward adjustment. This represents a major challenge to policymakers—if these benefit thresholds and clawbacks are not adjusted, efforts to help low-income families will continue to operate at cross-purposes.

GETTING THERE: THE ROLE OF EMPLOYERS AND GOVERNMENT

The living wage is first and foremost a call to public and private sector employers (primarily larger ones) to sustain families. This can be achieved through wages, or a combination of wages and non-mandatory benefits, such as extended health benefits, coverage of MSP premiums, subsidized transit passes, etc. If an employee receives non-mandatory benefits, the hourly wage they need to be paid to reach a living wage rate will be reduced. For more details, see the Living Wage for Families calculator at livingwageforfamilies.ca/employers/living-wage-calculator.
In a time of fragile economic recovery and a slow job market, it is particularly important that public sector employers (municipalities, school boards, health authorities, etc.) and financially healthy private sector companies seek to sustain and enhance the earnings of low-income families. Given that low-income families tend to spend almost all their income in their communities, boosting the earnings of these households is one of the most effective ways of stimulating the local economy. In 2010, the City of New Westminster became the first municipality in Canada to officially pass a living wage policy. All direct and contracted staff providing services on city premises are now paid the Metro Vancouver living wage.

But the living wage is not just about employers—the labour market alone cannot solve all problems of poverty and social exclusion. Government policies and programs also have a direct impact on our standard of living, and as a result, on the living wage calculation.

First, direct government transfers can put money into the pockets of low-income families. The more generous these transfers are, the less a family requires in wages to achieve a decent standard of living. However, most government transfers and subsidies are reduced or eliminated once a family reaches an income level well below the living wage. For our model living wage family, these include:

- Canada Child Tax Benefit (reduced after the family’s net income is greater than $44,761);
- Federal GST credit (not available to families with a net income above $51,921);
- BC Child Care subsidy (starts to decline at a monthly net income threshold of $1,933 and ceases entirely at the income level of our living wage family, frozen since 2005);
- BC Rental Assistance Program (not available to families with gross income over $35,000, frozen since 2007); and
- Others including the Working Income Tax Benefit, the BC Sales Tax Credit, and MSP premium assistance.

When government transfers fail to keep up with the rising cost of living, the families who are the hardest hit are the ones headed by earners who are already marginalized and tend to do poorly in the labour market. Single-mother, Aboriginal and recent immigrant families tend to have lower earnings and face higher unemployment rates, which puts them at a disproportionately higher risk of poverty.

The living wage is also affected by indirect government transfers, in the form of public services and infrastructure that shift certain costs off the shoulders of individual families. The U-Pass program for all students in public post-secondary institutions, for example, reduced the 2014 Metro Vancouver living wage by 24 cents per hour. Increasing the stock of affordable housing, or introducing a universal affordable child care system, or a national pharmacare or dental coverage program for children and modest income families, would likewise decrease the amount employers need to pay to provide a living wage. For example, the widely-endorsed $10/day Child Care Plan would see parent fees capped at $10/day for full-day programs and $7/day for part-time programs, with no fees for households earning less than $40,000 annually. If implemented, the $10/day plan would reduce the Metro Vancouver living wage by $3.57 per hour to $16.53. (See the Living Wage for Families policy calculator at livingwageforfamilies.ca/about/public-policy.)

Eliminating MSP premiums or providing more affordable housing would further reduce the hourly living wage needed to ensure a decent standard of living for a family with two children.

And so, a key way employers can reduce the payroll costs of the living wage is to advocate for policy changes to increase government benefits to low-income earners and enhance public services that improve quality of life for all families.
The Living Wage for Families Campaign for Metro Vancouver was formally launched in the fall of 2008 with the publication of *Working for a Living Wage* and is guided by an advisory committee made up of representatives from unions, businesses, parents, immigrant and community groups, as well as individual low-wage workers. Since its inception the campaign has hosted a number of events and engaged in extensive outreach with community, labour, immigrant and faith partners. It has developed a Living Wage Employer recognition process to recognize employers that pay a living wage. It has worked with local partners to encourage local municipalities to pass living wage bylaws.

Contact us at info@livingwagefamilies.ca, or through First Call.

livingwagefamilies.ca

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